## Retreat Schedule

***Friday evening - Sunday afternoon***

*Price: $215*

***Check In Friday Evening***

-5:00 pm Check In*
-6:00 pm Potluck
-7:30 pm Introductions

*Out of respect for LaSalle Monr, please, arrive no earlier than 5:00 PM.

***Leads & Breakout Sessions***

-Speakers chosen with consideration for variety and diversity, from a variety of S fellowships, male and female, LGTBQ and straight.

-Focus on Step 3 in particular and, in general on the spiritual dimension of recovery from addiction to sex, love, porn, fantasy, and sexual anorexia.

***Workshop and Breakout Sessions***

Intensive look at the the spiritual side of recovery from sex addiction and sexual anorexia.

***Saturday Afternoon Free Time***

Organize a 12 step meeting, do step work, bring a game to share, do service, play music, go for a walk, fellowship...

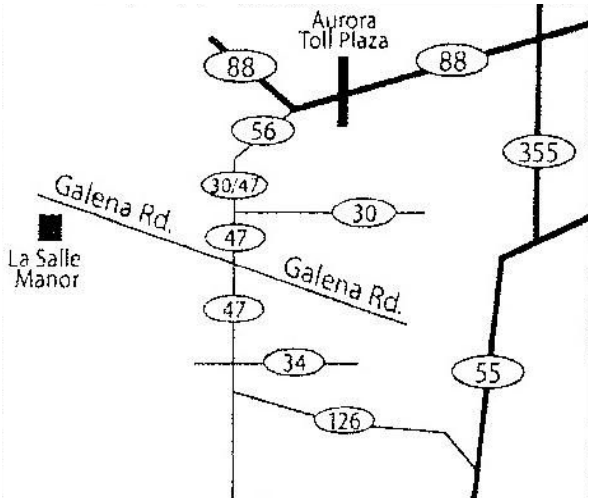
***Saturday Night Creative Expression***

It's not about talent – it's about sharing who you are! Bring songs to sing, instruments to play, poetry to read, skits to perform, etc. Call someone else and create something together! Each person or group will be allotted approximately five minutes to share.

***Check out***

*Sunday, June 2, 3:00 PM*

## *Directions to LaSalle Manor*




**12480 Galena Road, Plano, IL 60545**

**Driving Directions:**

- I-88 West toward Aurora
- Exit IL-56 West toward IL-47/Sugar Grove (go 4.2 mi)
- Take ramp onto US-30 toward Sugar Grove (go 3.3 mi) -
- Continue on IL-47 (go 1.2 mi) -
- Turn RIGHT on Galena Road (go 2.8 mi) - LaSalle Manor is on the LEFT

**(www.lasallemanor.org)**

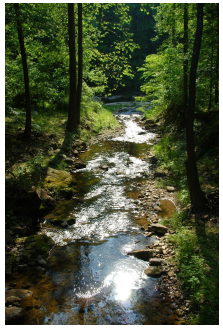
# 2019

## All-S Summer Retreat

(SLAA, SAA, SCA, S-ANON, etc.)

## *All In*

We asked His protection and care with complete abandon.



**Friday, May 31 -**

**Sunday, June 2, 2019**

**LaSalle Manor Retreat Center**

12480 Galena Road Plano, Illinois
630-545-9523

This retreat is open to members of all S-Fellowships and supportive partners

### *About LaSalle Manor*

LaSalle Manor's beautiful rustic lodge sits on forty-seven wooded acres west of Chicago. LaSalle Manor was originally a private home, then a retreat center for the Christian Brothers Jesuit order. The spacious grounds include a prairie, wooded paths, and a small lake. Attendees can use the walking trails, horseshoe pits, softball and football fields. Benches surround the property, and a wooden deck overlooks the lake. Make a bonfire at the fire pit. Pray and meditate at the Labyrinth.

### *Accommodations*

Registration is limited to 57 people & typically runs to full capacity. Register early to secure a spot!

Most rooms are single occupancy with a twin bed, fan, desk, chair, sink, mirror, drawers, and a place to hang clothes. Bed linens, a pillow, a towel and washcloth are provided. There are common bathrooms, one for women and one for men. The showers are private individual stalls.

The last 6 men to arrive will be assigned to the bunk-room, that has 3 bunk beds.

### *Things to Bring*

- Friday Potluck dinner: See coordinator
- Snacks to share (chips, fruit, veggies)
- Beverages to share (juice, soda, water)
- A reusable water bottle, coffee cup/mug
- Extra bedding (extra pillows and blankets)
- A bathrobe (showers are down the hall)
- Shower sandals/slippers
- Comfortable clothing to relax, workout, play and hike
- Instruments, costumes, props for creative expression
- Indoor games to share (playing cards, board games)
- Outdoor games (football, frisbee, etc.)
- Art supplies, music CDs
- AA Big Book, "S" recovery literature, journal, step work.

### *Meals*

We try to accommodate as many food needs as possible.

- Vegetarian, Vegan, Gluten Free available
- Let us know if you have food allergies
- Email retreat chairs for full menu
- Group refrigerator available to bring food
- Dinner not included 2 nights. Instead:

Friday: Potluck

### *Scholarships*

Want to Help? Please engage in the 12th Step Tradition and donate to the Scholarship Fund. The fund allows individuals to attend who may not otherwise be able to do so.

#### *Need One?*

50% financial assistance is available on a first come, first serve basis. No criteria to apply.

- Must register and pay 50%.
- Around May 15 co-chairs will notify you if sufficient scholarship funds are available. If not, you can pay full amount or get a refund.
- All scholarship information is kept confidential.

### *Please Contact Us!*

Questions? Suggestions? Concerns?

Want to volunteer? Text, email or call:

Co-Chairs:

Liam M: (312) 401-2001

Jose A: (847) 274-3064

chicago.s.retreat@gmail.com

### *Registration*

Closes Fri. May 17. All registration information kept confidential.

***Register & pay online***:
https://sites.google.com/view/allinallssummerretreat2019/home

**Register & pay by mail:**

First name & last initial:

_____

Email:

_____

Phone:

_____

Friday, Sat., Sunday $ ___$215.00_

Scholarship donation: $_____
(Consider adding $5)

TOTAL COST: $_____

Vegetarian? ___

Vegan? ___

Gluten free? ___

Need ride? (list zip code) _____

Offer a ride? (list zip code) _____

Want to be of service? _____

Fellowship name: _____

Or Supportive Partner: _____

Postmark form & payment by **Wed. May 15**

**Contact retreat chairs for mailing address if paying by check**

**No cash, please.**